

# Bethany Health Care Center January 2023 Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1 New Years Day</b> 10:00 Mass (Channel 8)  2pm Movie (ch.43)</p>	<p><b>2</b> 9:30 Exercise (Ch. 43) 10:15 Mass(CH. Or Ch. 40) 11:15Current Events (3 &amp;4) 2:00 Bingo (AC) 4:00 Fun &amp; Games (3 &amp;4)</p>	<p><b>3</b> 9:30 Exercise (Ch.43) 10:15 Mass (CH. Or Ch.40) 11:15Monthly Nostalgia (3) 11:15 Branch out w/ Books (4) 2:00 Wacky Words (AC) 3:00 Winter Trivia (3) 4:00 Fun &amp; Games (3 &amp;4)</p>	<p><b>4</b> 9:30 Mass (Ch.8) 10:00 Rosary (Ch.8) 10:30 Exercise (Ch.43) 11:15 Women In History (4) 11:15 Winter Fashion (3) 2:00 Future Full of Hope w/Ann Marie Whillhite (AC) 3:00 DIY Bookmarks (3) 4:00 Fun &amp; Games (3&amp;4)</p>	<p><b>5</b> 9:30 Exercise (Ch.43) 10:15 Mass(CH. Or Ch. 40) 11:15 Women In History(3) 11:15 Winter Fashion (4) 2:00 Making Soaps w/ Jill Padilla (AC) 3:00 Watercolors (3) 4:00 Fun &amp; Games (3 &amp;4)</p>	<p><b>6</b> 9:30 Exercise (Ch.43) 10:15 Mass (CH.Or Ch.40) 11:15 Trivia (3 &amp;4) 2:00 Volleyball (AC) 3:00 Book Club w/ Molly 4:00 Fun &amp; Games (3 &amp;4)</p>	<p><b>7</b> 10:00 Coffee Visits (3) 11:00 Coffee Visits (4) 1:30 Movie (Channel 43) 1:45 Bingo (AC) 3:45 Happy Hour (AC)</p>
<p><b>8</b> 10:00 Mass (Channel 8)  2pm Movie (ch.43)</p>	<p><b>9</b> 9:30 Exercise (Ch. 43) 10:15 Mass(CH. Or Ch. 40) 11:15Current Events (3 &amp;4) 2:00 Bingo (AC) 4:00 Fun &amp; Games (3 &amp;4)</p>	<p><b>10</b> 9:30 Exercise (Ch.43) 10:15 Mass (CH. Or Ch.40) 11:15 Penny Ante (3) 11:15 Branch Out with Books (4) 2:00 Jeopardy (AC) 3:00 Recipe Games (3) 4:00 Fun &amp; Games (3 &amp;4)</p>	<p><b>11 Adoration of The Blessed Sacrament</b> 9:30 Exercise (Ch.43) 10:15 Mass (CH or Ch.40) Exposition after Mass 11:15 Antiques (4) 11:15 Wildlife (3) 1:40 Reposition 2:00 Cardio Drumming (AC) 3:00 Snowflake Craft (3) 4:00 Fun &amp; Games (3&amp;4)</p>	<p><b>12</b> 9:30 Exercise (Ch.43) 10:15 Mass (Ch. 40) 11:15 Antiques (3) 11:15 Wildlife w/ Keyly (4) 2:00 Art Exploration: Mary Cassatt (AC) 3:00 Hibernating Animals (3) 4:00 Fun &amp; Games (3&amp;4)</p>	<p><b>13</b> 9:30 Mass (Ch.8) 10:00 Rosary (Ch.8) 10:30 Exercise (Ch.43) 11:15 Reminisce (3 &amp;4) 2:00 Movie &amp; Snacks (AC) 3:00 Coffee + Chat (3) 4:00 Fun &amp; Games (3 &amp;4)</p>	<p><b>14</b> 10:00 Coffee Visits (3) 11:00 Coffee Visits (4) 1:30 Movie (Channel 43) 1:45 Bingo (AC) 3:45 Happy Hour (AC)</p>
<p><b>15</b> 10:00 Mass (Channel 8)  2pm Movie (ch.43)</p>	<p><b>16 Martin Luther King Jr Day</b> 9:30 Exercise (Ch. 43) 10:15 Mass(CH. Or Ch. 40) 11:15Current Events (3 &amp;4) 2:00 Michele Erin Family Trio (AC) 4:00 Fun &amp; Games (3 &amp;4)</p>	<p><b>17</b> 9:30 Exercise (Ch. 43) 10:15 Mass (CH. Or Ch.40) 11:15 Water Colors (3) 11:15 Branch Out with Books (4) 2:00 Bingo (AC) 3:00 Name that Tune (3) 4:00 Fun &amp; Games (3 &amp;4)</p>	<p><b>18</b> 9:00 Mass (Ch.8) 10:00 Rosary (Ch.8) 10:30 Exercise (Ch.43) 11:15 Women In History (4) 11:15 Famous Dancers(3) 2:00 Cardio Drumming (AC) 3:00 Winter Collage (3) 4:00 Fun &amp; Games (3&amp;4)</p>	<p><b>19</b> 9:30 Exercise (Ch. 43) 10:15 Mass (CH or Ch. 40) 11:15 Famous Dancers (4) 11:15Women In History (3) 2:00 Program w/ Rosemary Mulvihill (AC) 3:00 Nature Int. Flower Day (3) 4:00 Fun &amp; Games (3&amp;4)</p>	<p><b>20</b> 9:30 Exercise (Ch. 43) 10:15 Mass (CH. Or Ch.40) 11:15 Sing A Long (3 &amp;4) 2:00 Concert: Patrick Hoyer (AC) 3:00 puzzles w/ Molly (3) 4:00 Fun &amp; Games (3 &amp;4)</p>	<p><b>21</b> 10:00 Coffee Visits (3) 11:00 Coffee Visits (4) 1:30 Movie (Channel 43) 1:45 Bingo (AC) 3:45 Happy Hour (AC)</p>
<p><b>22</b> 10:00 Mass (Channel 8)  2pm Movie (ch.43)</p>	<p><b>23</b> 9:30 Exercise (Ch. 43) 10:15 Mass(CH. Or Ch. 40) 11:15Current Events (3 &amp;4) 2:00 Bingo (AC) 4:00 Fun &amp; Games (3 &amp;4)</p>	<p><b>24</b> 9:30 Exercise (Ch.43) 10:15 Mass (CH. Or Ch.40) 11:15 Penny ante (3) 11:15 Branch Out w/Books (4) 2:00 CSJ Community Council Gathering (AC) 3:00 Word Game (3) 4:00 Fun &amp; Games (3 &amp;4)</p>	<p><b>25</b> 9:30 Mass (Ch.8) 10:00 Rosary (Ch.8) 10:30 Exercise (Ch43) 11:15 Antiques (4) 11:15 Spelling Bee (3) 2:00 Resident Council (AC) 3:00 Bio. of Doris Day w/ Molly 4:00 Fun &amp; Games (3&amp;4)</p>	<p><b>26</b> 9:30 Exercise (Ch. 43) 10:15 Mass (CH or Ch. 40) 11:15 Spelling Bee (4) 11:15 Antiques (3) 2:00 Monthly Birthday Party w/ Johnny Guido (AC) 3:00 Music Reminisce (3) 4:00 Fun &amp; Games (3&amp;4)</p>	<p><b>27</b> 9:30 Exercise (ch. 43) 10:15 Mass(CH. Or Ch. 40) 11:15 Word Games 3 &amp;4) 2:00 Left, Right, Center Game (AC) 3:00 Coffee Chats w/Molly 4:00 Fun &amp; Games (3 &amp;4)</p>	<p><b>28</b> 10:00 Coffee Visits (3) 11:00 Coffee Visits (4) 1:30 Movie (Channel 43) 1:45 Bingo (AC) 3:45 Happy Hour (AC)</p>
<p><b>29</b> 10:00 Mass (Channel 8)  2pm Movie (ch.43)</p>	<p><b>30</b> 9:30 Exercise (Ch. 43) 10:15 Mass(CH. Or Ch. 40) 11:15Current Events (3 &amp;4) 2:00 Bingo (AC) 4:00 Fun &amp; Games (3 &amp;4)</p>	<p><b>31</b> 9:30 Exercise (Ch. 43) 10:15 Mass (CH. Or Ch.40) 11:15 Craft (3) 11:15 Branch Out with Books (4) 2:00 Twister w/ a Twist (AC) 3:00 Card Games (3)</p>	<p style="text-align: center;"><b>31st Continued</b></p> <p>4:00 Fun &amp; Games (3 &amp;4)</p>	<p style="text-align: center;"><b><u>Activity Staff:</u></b> Evelyn Cotter AAC Keyly Garcia Molly Andes</p>	<p style="text-align: center;"><b>Activities are subject to change to fit the needs of our residents.</b></p> <p style="text-align: center;"><b>*Please Check Channel 3 for Spontaneous Events</b></p>	