





Bethany Health Care Center May 2023 Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>**Please Check Channel 3 for Spontaneous Events including Gardening and out trips**</p>	<p>1 9:30 Exercise (ch. 43) 10:15 Mass (CH. or ch. 40) 11:15 Current Events (4) 11:15 Reminisce (3) 2:00 <u>Bingo (AC)</u> 4:15 Fun & Games (3 & 4)</p>	<p>2 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:15 Brain Games (3) 11:15 Branch out w/ Books(4) 2:00 Volleyball (AC) 4:15 Fun & Games (3 & 4)</p>	<p>3 9:30 Mass (ch.8) 10:00 Rosary (ch.8) 10:30 Exercise (ch.43) 11:15 Antiques (4) 11:15 Artwork w/ Keyly (3) 2:00 Movie Matinee (ch.43) 4:00 Fun & Games (3&4)</p>	<p>4 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:15 Antiques (3) 11:15 Artwork w/ Keyly (4) 2:00 Spring Wildlife & Bean Bag Toss (AC) 4:15 Fun & Games (3 & 4)</p>	<p>5 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:15 Travel to Mexico (3 & 4) 2:00 Cinco de Mayo Celebration (AC) 4:15 Fun & Games (3 & 4)</p> 	<p>6 <i>Nurses Week Begins</i> 10:00 Coffee Visits (3) 11:00 Coffee Visits (4) 1:30 Movie (Channel 43) 1:45 Bingo (AC) 3:45 Happy Hour (AC)</p>
<p>7 10:00 Mass (Channel 8) 2:00 Movie (ch.43)</p>	<p>8 9:30 Exercise (ch. 43) 10:15 Mass (CH. or ch.40) 11:15 Current Events (4) 11:15 Reminisce (3) 2:00 Mother's Day Social (AC) 4:15 Fun & Games (3 & 4)</p>	<p>9 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:15 Armchair Travel (3) 11:15 Branch out w/ Books(4) 2:00 Gardening Club w/ Mindy (AC) 4:15 Fun & Games (3 & 4)</p>	<p>10 9:30 Mass (ch.8) 10:00 Rosary (ch.8) 10:30 Exercise (ch.43) 11:15 Women in History(4) 11:15 Spring Fashion (3) 2:00 Prayer Service w/ Sr. Joan Duffy, CSJ (AC) 4:15 Fun & Games (3&4)</p>	<p>11 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:15 Women In History (3) 11:15 Spring Fashion (4) 2:00 Super Bingo (AC) 4:15 Fun & Games (3 & 4)</p>	<p>12 <i>Nurses Week Ends</i> 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:15 Card Design (3 & 4) 2:00 Nurses Appreciation (AC) 4:15 Fun & Games (3 & 4)</p> 	<p>13 10:00 Coffee Visits (3) 11:00 Coffee Visits (4) 1:30 Movie (Channel 43) 1:45 Bingo (AC) 3:45 Happy Hour (AC)</p>
<p>14 <i>Mothers Day</i> 10:00 Mass (Channel 8) 2:00 Movie (ch.43)</p> 	<p>15 <i>National Skilled Nursing Home Week Begins</i> 9:30 150th Video (ch.43) 10:15 Mass (CH. or ch.40) 11:15 Gratitude Prompts(3&4) 2:00 Cultivating Kindness Word Design (AC) 4:15 Kindness Bingo (3 & 4)</p>	<p>16 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:15 Kindness Poems (3 & 4) 2:00 Kindness Rocks Painting (AC) 4:00 Movie Matinee - A Beautiful Day in the Neighborhood (ch.43)</p>	<p>17 9:30 Mass (ch.8) 10:00 Rosary (ch.8) 10:30 Exercise (ch.43) 11:15 Kindness Word Search (3 & 4) 2:00 Beer, Pretzels, & Red Sox Charities (AC) 4:00 Movie Matinee- Field of Dreams (ch.43)</p>	<p>18 <i>Ascension Thursday</i> 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:15 Kindness Boards (3 & 4) 2:00 May Crowning & Ice Cream Social (AC) 4:00 Twilight Wish Foundation Presentation (ch.43)</p>	<p>19 <i>National Skilled Nursing Home Week Ends</i> 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:15 Enduring Spirit CSJ Video (ch.43) 2:00 FINALE! Music & Tree Showing (AC) 4:15 Kindness in your life Discussions (3 & 4)</p>	<p>20 10:00 Coffee Visits (3) 11:00 Coffee Visits (4) 1:30 Movie (Channel 43) 1:45 Bingo (AC) 3:45 Happy Hour (AC)</p>
<p>21 10:00 Mass (Channel 8) 2:00 Movie (ch.43)</p>	<p>22 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:15 Current Events (4) 11:15 Reminisce (3) 2:00 <u>Bingo (AC)</u> 4:15 Fun & Games (3 & 4)</p>	<p>23 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:15 Making Smoothies (3) 11:15 Branch out w/ Books (4) 2:00 Gardening Club w/ Mindy (AC) 4:15 Fun & Games (3 & 4)</p>	<p>24 9:30 Mass (ch.8) 10:00 Rosary (ch.8) 10:30 Exercise (ch.43) 11:15 Women In History(4) 11:15 Artwork w/ Keyly (3) 2:00 Music w/ Tom & Andy (AC) 4:15 Fun & Games (3&4)</p>	<p>25 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:15 Women In History (3) 11:15 Making Smoothies (4) 2:00 Leadership Farewell for Boston CSJs (AC) 4:15 Fun & Games (3 & 4)</p>	<p>26 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:15 Sing-A-Longs (3 & 4) 2:00 Bowling (AC) 4:15 Fun & Games (3 & 4)</p>	<p>27 10:00 Coffee Visits (3) 11:00 Coffee Visits (4) 1:30 Movie (Channel 43) 1:45 Bingo (AC) 3:45 Mass in anticipation of Pentecost (CH or ch.40)</p>
<p>28 <i>Pentecost Sunday</i> 10:00 Mass (Channel 8) 2:00 Movie (ch.43)</p>	<p>29 <i>Memorial Day</i> 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:15 Current Events (4) 11:15 Reminisce (3) 2:00 <u>Bingo (AC)</u> 4:15 Fun & Games (3 & 4)</p>	<p>30 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:15 Famous Female Athletes (3) 11:15 Branch out w/ Books (4) 2:00 Resident Council (AC) 4:15 Fun & Games (3 & 4)</p>	<p>31 9:30 Mass (ch.8) 10:00 Rosary (ch.8) 10:30 Exercise (ch.43) 11:15 Antiques (4) 11:15 Spring Wildlife (3) 2:00 Birthday Party with Johnny Guido (AC) 4:15 Fun & Games (3&4)</p>	<p><u>Activity Staff:</u> Christina England APC, AD Evelyn Cotter AAC Keyly Garcia</p>	<p>May Gemstone:  Emerald</p>	<p><u>Legend:</u> AC - Activity Center CH - Chapel ch. - TV Channel</p>

Activities are subject to change to fit the needs of our residents.