



Bethany Health Care Center November 2023 Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>November Gemstones: <i>Topaz & Citrine</i></p> <p>November Flowers: <i>Chrysanthemums & Peonies</i></p>		<p>1 All Saint's Day 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:30 Dance History (3) 11:30 Short Stories w/ Mary (4) 2:00 Volleyball (AC) 4:15 Fun & Games (3&4)</p>	<p>2 9:30 Exercise (ch.43) 10:15 Mass of Remembrance (CH. or ch.40) 11:30 Short Stories w/ Mary (3) 11:30 Dance History (4) 2:00 Bowling (AC) 4:15 Fun & Games (3&4)</p>	<p>3 9:30 Mass (ch.8) 10:00 Rosary (ch.8) 10:30 Exercise (ch.43) 11:15 Trivia (3&4) 2:00 Jeopardy (AC) 4:15 Fun & Games (3&4)</p>	<p>4 9:30 Exercise (ch.43) 10:00 Coffee Visits (3) 11:00 Coffee Visits (4) 1:25 Movie (Channel 43) 1:30 Bingo (AC) 3:45 Happy Hour (AC)</p>
<p>5 10:00 Mass (ch.8) 2:00 Grab & Go Packets (3&4)</p>	<p>6 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:30 Reminisce (3) 11:30 Current Events (4) 2:00 Bingo (AC) 4:30 Fun & Games (3&4)</p>	<p>7 Election Day 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:30 Brain Games (3) 11:30 Trivia (4) 2:00 Wacky Words (AC) 4:15 Fun & Games (3&4)</p>	<p>8 9:30 Mass (ch.8) 10:00 Rosary (ch.8) 10:30 Exercise (ch.43) 11:15 Women who changed our World (3) 11:15 Laughing Yoga (4) 2:00 Music with Keith Snow (AC) 4:15 Fun & Games (3&4)</p>	<p>9 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:30 Laughing Yoga (3) 11:30 Women who changed our World (4) 2:00 Ice Cream Making (AC) 4:15 Fun & Games (3&4)</p>	<p>10 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:30 Music Meditation (3&4) 2:00 Cardio Drumming (AC) 4:15 Fun & Games (3&4)</p>	<p>11 Veteran's Day 9:30 Exercise (ch.43) 10:00 Coffee Visits (3) 11:00 Coffee Visits (4) 1:25 Movie (Channel 43) 1:30 Bingo (AC) 3:45 Happy Hour (AC)</p>
<p>12 10:00 Mass (ch.8) 2:00 Grab & Go Packets (3&4)</p>	<p>13 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:30 Reminisce (3) 11:30 Current Events (4) 2:00 Bingo (AC) 4:30 Fun & Games (3&4)</p>	<p>14 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:30 Brain Games (3) 11:30 Trivia (4) 2:00 Women of Resilience with AnneMarie (AC) 4:15 Fun & Games (3&4)</p>	<p>15 9:30 Mass (ch.8) 10:00 Rosary (ch.8) 10:30 Exercise (ch.43) 11:15 Thanksgiving Crafts (3) 11:15 Music Bells w/Mary (4) 2:00 Music with Diane & MaryAnne (AC) 4:15 Fun & Games (3&4)</p>	<p>16 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:30 Music Bells w/Mary(3) 11:30 Thanksgiving Crafts (4) 2:00 Prayer Service with Jamie (AC) 4:15 Fun & Games (3&4)</p>	<p>17 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:30 Poetry (3&4) 2:00 Music History (AC) 4:15 Fun & Games (3&4)</p>	<p>18 9:30 Exercise (ch.43) 10:00 Coffee Visits (3) 11:00 Coffee Visits (4) 1:25 Movie (Channel 43) 1:30 Bingo (AC) 3:45 Happy Hour (AC)</p>
<p>19 10:00 Mass (ch.8) 2:00 Grab & Go Packets (3&4)</p>	<p>20 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:30 Reminisce (3) 11:30 Current Events (4) 2:00 Bingo (AC) 4:30 Fun & Games (3&4)</p>	<p>21 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:30 Brain Games (3) 11:30 Trivia (4) 2:00 Resident Council (AC) 4:15 Fun & Games (3&4)</p>	<p>22 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:30 Thankful for blank (3) 11:30 Thanksgiving History (4) 2:00 Music with Clyde (AC) 4:15 Fun & Games (3&4)</p>	<p>23 Thanksgiving 9:30 Mass (ch.8) 10:00 Rosary (ch.8) 10:30 Exercise (ch.43) 10:45 Thanksgiving History (3) 11:30 Thankful for blank (4) 2:00 Thanksgiving Movie & Snack (AC) 4:15 Fun & Games (3&4)</p>	<p>24 9:30 Mass (ch.8) 10:00 Rosary (ch.8) 10:30 Exercise (ch.43) 11:15 Crafts/Cards (3&4) 2:00 What is it? Trivia (AC) 4:15 Fun & Games (3&4)</p>	<p>25 9:30 Exercise (ch.43) 10:00 Coffee Visits (3) 11:00 Coffee Visits (4) 1:25 Movie (Channel 43) 1:30 Bingo (AC) 3:45 Happy Hour (AC)</p>
<p>26 10:00 Mass (ch.8) 2:00 Grab & Go Packets (3&4)</p>	<p>27 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:30 Reminisce (3) 11:30 Current Events (4) 2:00 Bingo (AC) 4:30 Fun & Games (3&4)</p>	<p>28 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:30 Brain Games (3) 11:30 Trivia (4) 2:00 Art Exploration (AC) 4:15 Fun & Games (3&4)</p>	<p>29 9:30 Mass (ch.8) 10:00 Rosary (ch.8) 10:30 Exercise (ch.43) 11:15 Dance History (3) 11:15 Pillow Making (4) 2:00 Employee Appreciation with Terry (AC) 4:15 Fun & Games (3&4)</p>	<p>30 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:30 Pillow Making (3) 11:30 Dance History (4) 2:00 Birthday Party with Johnny Guido (AC) 4:15 Fun & Games (3&4)</p>	<p>Activity Staff: Christina England Meghan O'Doherty Mary Evans</p>	<p>Legend: AC - Activity Center CH - Chapel ch. - TV Channel *Please Check ch.3 for Spontaneous Events & Bus Trips*</p>

*Activities are subject to change to meet the needs of our residents. *