






Bethany Health Care Center December 2023 Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Legend: AC - Activity Center CH - Chapel ch. - TV Channel *Please Check ch.3 for Spontaneous Events & Bus Trips*</p>	<p>Activity Staff: Christina England Meghan O'Doherty Mary Evans</p>		<p>November Gemstones: <i>Blue Topaz & Turquoise</i></p> <p>December Flowers: <i>Holly, Poinsettia, & Narcissus</i></p>		<p>1 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:30 Trivia (3&4) 2:00 Cardio Drumming (AC) 4:30 Fun & Games (3&4)</p>	<p>2 9:30 Exercise (ch.43) 10:00 Coffee Visits (3) 11:00 Coffee Visits (4) 1:25 Movie (Channel 43) 1:30 Bingo (AC) 3:45 Happy Hour (AC)</p>
<p>3 Advent Begins 10:00 Mass (ch.8) 2:00 Grab & Go Packets (3&4)</p> 	<p>4 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:30 Reminisce (3) 11:30 Current Events (4) 2:00 Bingo (AC) 4:30 Fun & Games (3&4)</p>	<p>5 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:30 Brain Games (3) 11:30 Trivia (4) 2:00 Jeopardy (AC) 4:30 Fun & Games (3&4)</p>	<p>6 9:30 Mass (ch.8) 10:00 Rosary (ch.8) 10:30 Exercise (ch.43) 11:15 Christmas History (3) 11:15 Hanukkah History (4) 2:00 Music with Tom & Andy (AC) 4:30 Fun & Games (3&4)</p>	<p>7 Hanukkah Begins 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:30 Hanukkah History (3) 11:30 Christmas History (4) 2:00 Make your Own Christmas Ornaments (AC) 4:30 Fun & Games (3&4)</p>	<p>8 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:30 Tree Decorating & Reminisce (3&4) 2:00 Decorating the Christmas Tree (AC) 4:30 Fun & Games (3&4) Feast of the Immaculate Conception</p>	<p>9 9:30 Exercise (ch.43) 10:00 Coffee Visits (3) 11:00 Coffee Visits (4) 1:25 Movie (Channel 43) 1:30 Bingo (AC) 3:45 Happy Hour (AC)</p>
<p>10 10:00 Mass (ch.8) 2:00 Grab & Go Packets (3&4)</p>	<p>11 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:30 Reminisce (3) 11:30 Current Events (4) 2:00 Bingo (AC) 4:30 Fun & Games (3&4)</p>	<p>12 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:30 Brain Games (3) 11:30 Trivia (4) 2:00 Human Rights Prayer with AnneMarie (AC) 4:30 Fun & Games (3&4)</p>	<p>13 9:30 Mass (ch.8) 10:00 Rosary (ch.8) 10:30 Exercise (ch.43) 11:15 Christmas Crafts (3) 11:15 Christmas Wreaths (4) 2:00 Music with Patrick Hoyer (AC) 4:30 Fun & Games (3&4)</p>	<p>14 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:30 Christmas Wreaths (3) 11:30 Christmas Crafts (4) 2:00 Advent Prayer Service with Jamie M. (AC) 4:30 Fun & Games (3&4)</p>	<p>15 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:30 Music Meditation (3&4) 2:00 Hot Cocoa Social (AC) 4:30 Fun & Games (3&4)</p>	<p>16 9:30 Exercise (ch.43) 10:00 Coffee Visits (3) 11:00 Coffee Visits (4) 1:25 Movie (Channel 43) 1:30 Bingo (AC) 3:45 Happy Hour (AC)</p>
<p>17 10:00 Mass (ch.8) 2:00 Grab & Go Packets (3&4)</p>	<p>18 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:30 Reminisce (3) 11:30 Current Events (4) 2:00 Christmas Social with Leadership Team (AC) 4:30 Fun & Games (3&4)</p>	<p>19 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:30 Brain Games (3) 11:30 Trivia (4) 2:00 Resident Council (AC) 4:30 Fun & Games (3&4)</p>	<p>20 9:30 Mass (ch.8) 10:00 Rosary (ch.8) 10:30 Exercise (ch.43) 11:00 Christmas Music (3&4) 12:00 Advent Luncheon (AC) 1:30 Music & Dessert (AC) 3:00 Bells of St. Mary (ch.43) 4:30 Fun & Games (3&4)</p>	<p>21 First Day of Winter 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:30 Christmas Wreaths (3) 11:30 Christmas Music (4) 2:00 Music with Heather Rae (AC) 4:30 Fun & Games (3&4)</p>	<p>22 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:30 Winter Crafts (3&4) 2:00 Holiday Music Bingo (AC) 4:30 Fun & Games (3&4)</p>	<p>23 9:30 Exercise (ch.43) 10:00 Coffee Visits (3) 11:00 Coffee Visits (4) 1:25 Movie (Channel 43) 1:30 Bingo (AC) 3:45 Happy Hour (AC)</p>
<p>24 Christmas Eve 3:15 Carols (CH. or ch.40) 3:45 Christmas Eve Mass (CH. or ch.40)</p>	<p>25 Christmas Day 10:00 Christmas Day Mass (channel 8) 11:00 Santa Gift Cart (3) 11:30 Santa Gift Cart (4) 2:30 Miracle on 34th Street (channel 43)  2:45 Santa Gift Cart (5) 3:15 Santa Gift Cart (6)</p>	<p>26 Kwanzaa Begins 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:30 Brain Games (3) 11:30 Trivia (4) 2:00 Music with Mary J. & Friends (AC) 4:30 Fun & Games (3&4)</p>	<p>27 9:30 Mass (ch.8) 10:00 Rosary (ch.8) 10:30 Exercise (ch.43) 11:15 Winter Poetry (3) 11:15 Music Bells (4) 2:00 Wacky Words (AC) 4:30 Fun & Games (3&4)</p>	<p>28 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:30 Music Bells (3) 11:30 Winter Poetry (4) 2:00 Birthday Party with Johnny Guido (AC) 4:30 Fun & Games (3&4)</p>	<p>29 9:30 Exercise (ch.43) 10:15 Mass (CH. or ch.40) 11:30 Music Meditation (3&4) 2:00 End of Year Celebration (AC) 4:30 Fun & Games (3&4)</p>	<p>30 9:30 Exercise (ch.43) 10:00 Coffee Visits (3) 11:00 Coffee Visits (4) 1:25 Movie (Channel 43) 1:30 Bingo (AC) 3:45 Happy Hour (AC)</p>
<p>31 New Year's Eve </p>						

*Activities are subject to change to meet the needs of our residents. *