

## House Activities Calendar ~ March 2025 ~ Bethany Health Care, Sponsored Ministry of the Sisters of Saint Joseph of Boston

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Cheery Chats - (C.C.) is Mail Delivery &amp; One to One Visits.</b></p>	<p>Activities are subject to change to meet the safety needs of the residents. <i>All out-trips are by invitation only</i> TBA</p>	<p><i>Music Therapy by appointment</i></p> <p><i>Fun Packets (to-go's) are available on Sunday's in all the dayrooms.</i></p>	<p><u>Program Key - Indicates floor /Channel</u> CH - TV Channel number 3,4,6, or All (A) / (H) traveling the house 2:00pm activities are in the Activity Center (AC) unless indicated differently.</p>	<p><b>Spiritwood Network</b> is a unique service that shows engaging entertainment right in your own room. On CH 43</p>	<p><u>Activity Professionals &amp; Volunteers</u> Meghan O'Doherty, <i>Engagement Manager and</i> Alice, Abigail &amp; Volunteers <i>Jean - Grant Programs &amp; Outtrips</i></p>	<p><b>*Check Bethany's TV stations, Activity Boards for Impromptu live or zoom events.</b></p>
<p><b>Remember the Store is staffed by volunteers, please check the posting hours in the store area.</b></p>		<p>Monday - Saturday, Channel 16 has live announcements at 9:15am. Everyday at 9:30am an overhead announcement is made. All day long Channel 3 shows current and upcoming events.</p>			<p><b>Miller Visits us on Saturdays the 8th &amp; 22nd</b></p> 	<p><b>1</b> 9:30 Catholic TV 10:15 Exercise CH 43 10:30 Coffee Visits 3 &amp; 4 1:15 Spiritwood CH 43 1:45 Trivia Circle 3 2:45 Trivia Circle 4 3:00 Tapestry on 6 3:30 Cheery Chats H</p>
<p><b>2</b> 10:00 Catholic TV (A.) All Day Activities on the Second Floor. (B.) Fun Packets A 3:30 Pat Singing 3 4:00 Pat Singing 4</p>	<p><b>3</b> 9:30 Exercise CH 43 10:00 Circle of Friends 3 11:00 Chapel Mass or CH 40 <i>2:00 Come design a Mask for Mardi Gras /Fat Tuesday in the Activity Center</i> 4:00 Michelle on Piano 3 4:00 Cherry Chats 3 &amp; 4</p>	<p><b>4</b> <b>Fat Tuesday</b> 9:30 Exercise CH 43 10:00 Circle of Friends 3 &amp; 4 11:00 Chapel Mass or CH 40 <i>2:00 Deirdre Singing AC</i> <i>Wear your masks &amp; beads</i> 4:00 Cheery Chats 3 &amp; 4 4:30 Spiritwood CH 43</p>	<p><b>5</b> <b>Ash Wednesday</b> 9:30 Exercise CH 43 10:00 Circle of Friends 3 &amp; 4 11:00 Chapel Mass or CH 40 <i>2:00 Lent Box come &amp; prepare your Alms box for the Ministering at the Border.</i> 4:00 Cheery Chats 3 &amp; 4</p>	<p><b>6</b> 9:30 Exercise CH 43 10:00 Circle of Friends 3 &amp; 4 11:00 Chapel Mass or CH 40 <b>2:00 Monthly Birthday Party w/John in the Activity Center</b> 4:00 Cheery Chats 3 &amp; 4 <b>4:30 Dinner with a Flick CH 43</b></p>	<p><b>7</b> 9:30 Catholic TV 10:30 Exercise CH 43 10:00 Circle of Friends 3 &amp; 4 2:00 Bingo AC 4:00 Cheery Chats 3 &amp; 4 <b>4:00 The Examen podcast Fr. James Martin, SJ CH 43</b></p>	<p><b>8</b> 9:30 Catholic TV 10:15 Exercise CH 43 10:30 Coffee Visits 3 &amp; 4 1:15 Spiritwood CH 43 1:45 Trivia Circle 3 2:45 Trivia Circle 4 3:00 Tapestry on 4 3:30 Cheery Chats H</p>
<p><b>9</b> <b>Daylight Savings</b> 10:00 Catholic TV (A.) All Day Activities on the Second Floor. (B.) Fun Packets A 3:30 Pat Singing 3 4:00 Pat Singing 4</p>	<p><b>10</b> 9:30 Exercise CH 43 10:00 Cherry Chats 3 &amp; 4 11:00 Chapel Mass or CH 40 <i>2:00 In the Chapel</i> <i>Sacrament of Reconciliation</i> 4:00 Michelle on Piano 3 <b>4:00 The Examen podcast Fr. James Martin, SJ CH 43</b></p>	<p><b>11</b> 9:30 Exercise CH 43 10:00 Circle of Friends 3 &amp; 4 11:00 Chapel Mass or CH 40 <i>2:00 In the Chapel</i> <i>Sacrament of Reconciliation</i> 2:15 Mindful Meditation AC 4:00 Cheery Chats 3 &amp; 4 4:30 Spiritwood CH 43</p>	<p><b>12</b> 9:30 Mass CH 8 10:45 Live: Sit &amp; Stretch in AC <b>2:30 Happy Hour: Sister's Choice in honor of Catholic Sisters Week</b> 4:00 Cheery Chats 3 &amp; 4 4:15 Spiritwood CH 43</p>	<p><b>13</b> 9:30 Exercise CH 43 10:00 Circle of Friends 3 &amp; 4 11:00 Chapel Mass or CH 40 2:00 Girl Scout PowerPoint AC <i>Girl Scout Cookies supplied by troop 63335 (Molly) &amp; will served.</i> <i>Were you a girl scout or a leader?</i> 4:00 Cheery Chats 3 &amp; 4</p>	<p><b>14</b> 9:30 Exercise CH 43 10:00 Circle of Friends 3 &amp; 4 11:00 Chapel Mass or CH 40 2:00 Bingo AC 4:00 Cheery Chats 3 &amp; 4 <b>4:00 The Examen podcast Fr. James Martin, SJ CH 43</b></p>	<p><b>15</b> 9:30 Catholic TV 10:15 Exercise CH 43 10:30 Coffee Visits 3 &amp; 4 1:15 Spiritwood CH 43 <b>2:00 BKS Singers AC</b> 3:00 Tapestry on 3 3:30 Cheery Chats H</p>
<p><b>16</b> 10:00 Catholic TV (A.) All Day Activities on the Second Floor. (B.) Fun Packets A 3:30 Pat Singing 3 4:00 Pat Singing 4</p>	<p><b>17</b> <b>St. Patrick's Day</b> 9:30 Exercise CH 43 10:00 Cherry Chats 3 &amp; 4 11:00 Chapel Mass or CH 40 <b>2:00 ST. PATRICK'S DAY SOCIAL in Activity Center</b> 4:00 Michelle on Piano 3 <b>4:00 The Examen podcast Fr. James Martin, SJ CH 43</b></p>	<p><b>18</b> 9:30 Exercise CH 43 10:00 Circle of Friends 3 &amp; 4 11:00 Chapel Mass or CH 40 <b>2:00 Resident Council AC</b> 4:00 Cheery Chats 3 &amp; 4 4:30 Spiritwood CH 43</p>	<p><b>19</b> <b>St. Joseph Day</b> 9:30 Exercise CH 43 10:00 Circle of Friends 3 &amp; 4 11:00 Chapel Mass or CH 40 <b>2:00 Honoring St. Joseph</b> 4:00 Cheery Chats 3 &amp; 4 4:30 Spiritual Hymns CH 43</p>	<p><b>20</b> <b>Spring Begins</b> 9:30 Exercise CH 43 10:00 Circle of Friends 3 &amp; 4 11:00 Chapel Mass or CH 40 <i>2:00 Clean out your pocket book for a prize! Pocketbooks will be handed out if needed.</i> 4:00 Cheery Chats 3 &amp; 4</p>	<p><b>21</b> 9:30 Catholic TV 10:30 Exercise CH 43 10:00 Circle of Friends 3 &amp; 4 2:00 Bingo AC 4:00 Cheery Chats 3 &amp; 4 <b>4:00 The Examen podcast Fr. James Martin, SJ CH 43</b></p>	<p><b>22</b> 9:30 Catholic TV 10:15 Exercise CH 43 10:30 Coffee Visits 3 &amp; 4 1:15 Spiritwood CH 43 1:45 Trivia Circle 3 2:45 Trivia Circle 4 3:00 Tapestry on 6 3:30 Cheery Chats H</p>
<p><b>23/30</b> <b>Same on both days</b> 10:00 Catholic TV (A.) All Day Activities on the Second Floor. (B.) Fun Packets A 3:30 Pat Singing 3 4:00 Pat Singing 4</p>	<p><b>24/31</b> <b>Same on both days</b> 9:30 Exercise CH 43 10:00 Cherry Chats 3 &amp; 4 11:00 Chapel Mass or CH 40 <i>2:00 In the Chapel</i> <i>Sacrament of Reconciliation</i> 4:00 Michelle on Piano 3 <b>4:00 The Examen podcast Fr. James Martin, SJ CH 43</b></p>	<p><b>25</b> 9:30 Exercise CH 43 10:00 Circle of Friends 3 &amp; 4 11:00 Chapel Mass or CH 40 <i>2:00 In the Chapel</i> <i>Sacrament of Reconciliation</i> 2:15 Mindful Meditation AC 4:00 Cheery Chats 3 &amp; 4</p>	<p><b>26</b> 9:30 Mass CH 8 10:45 Exercise CH 43 <b>2:00 Bethany's Pub Crawl</b> <i>Everyone will receive an invitation.</i> 4:15 Cheery Chats - H 4:15 Spiritwood CH 43</p>	<p><b>27</b> 9:30 Exercise CH 43 10:00 Circle of Friends 3 &amp; 4 11:00 Chapel Mass or CH 40 <b>2:00 Lenten Prayer Service: The Way to Jerusalem with Sr. Joan Duffy, CSJ - Chapel</b> 2:15 Feature Film CH 43 4:00 Cheery Chats 3 &amp; 4</p>	<p><b>28</b> 9:30 Exercise CH 43 10:00 Circle of Friends 3 &amp; 4 11:00 Chapel Mass or CH 40 2:00 Bingo AC 4:00 Cheery Chats 3 &amp; 4 <b>4:00 The Examen podcast Fr. James Martin, SJ CH 43</b></p>	<p><b>29</b> 9:30 Catholic TV 10:15 Exercise CH 43 10:30 Coffee Visits 3 &amp; 4 11:00 Yoga 6 1:15 Spiritwood CH 43 1:45 Trivia Circle 3 2:45 Trivia Circle 4 3:00 Tapestry 4 3:30 Cheery Chats H</p>