



## House Activities Calendar ~ March 2026 ~ Bethany Health Care, Sponsored Ministry of the Sisters of Saint Joseph of Boston

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Cheery Chats -</b> is Mail Delivery & <b>One to One Visits.</b>	<i>Activities are subject to change to meet the safety needs of the residents.</i> Most Out-trips are by invitation only to ensure all gets an opportunity.	<i>Music Therapy by appointment</i> <b>Meditation Garden</b> <i>(Closed for the Winter)</i>	<b>Program Key - Indicates floor /Channel</b> CH - TV (w/Channel number) Unit 3,4,6,A (All) - H, starting on 3 then 4 2:00pm activities are in the Activity Center (AC) unless indicated differently.		<i>Activity Professionals &amp; Volunteers</i> Meghan O'Doherty, AP-BC <b>Engagement Manager</b> & Activity Professionals and Volunteers Jean - Grant Programs & Out-trips	<b>*Check Bethany's in-house TV stations, 3,16,40,43 &amp; Activity Boards for Impromptu events.</b>
<i>Independent activities available - near Chapel &amp; Fun Packets (to-go's) are available over the weekends at Nurses stations.</i>	<i>Remember, the Store is staffed mainly by volunteers, announcements will be made when it's opened.</i>	<b>Task Force Moments:</b> <i>Volunteer work that you can do over the weekend. Meet at Catherine's office on Friday's 1:45.</i>		<u>Monday - Saturday,</u> Channel 16 has live announcements at 9:15am, at 9:30am an overhead announcement is made. Most 2pm programs out of the Activity Center can be viewed on CH 16. All day long Channel 3 shows current and upcoming events.		
<b>1</b> 10:00 MASS CH 8 (A.) Activities on 2 (B.) Fun Packets A 2:00 "K" Singing 6 3:00 Pat Singing 4 3:30 Pat Singing 3	<b>2</b> 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chapel Mass or CH 40 2:00 <i>Out-Trip by invite only</i> 2:00 Michelle on Piano 3 2:15 Checkers with Prizes 4 3:15 Susan's Circle 6th	<b>3</b> 9:30 Walking Group lobby 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chapel Mass or CH 40 <b>2:00 Jeopardy &amp; Prizes AC</b> 4:00 Circle of Friends 3 4:00 Spiritwood CH 43	<b>4</b> 9:30 Catholic TV CH 8 10:00 Out-Trip <i>by invitation only</i> 10:45 <i>Chair Yoga!</i> AC <b>2:30 Happy Hour:</b> <i>Shamrock Margarita</i> 4:00 Cheery Chats H 4:00 Spiritwood CH 43	<b>5</b> 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chapel Mass or CH 40 <b>2:00 Passions &amp; Relic - Chapel</b> 3:30 6th Floor House Meeting 4:00 Spiritwood CH 43	<b>6</b> 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chapel Mass or CH 40 <i>1:45 Task Force Moments</i> <b>2:00 Bingo AC</b> <b>3:15 Stations of the Cross</b>	<b>7</b> 9:30 Catholic TV 10:15 Exercise CH 43 10:30 Coffee/Cherry Chats ALL 10:30 Yoga on 6th Floor <b>2:00 BKS Singers in AC</b>
<b>8</b> 10:00 MASS CH 8 <b>Day light Saving Time</b> (A.) Activities on 2 (B.) Fun Packets A 2:00 "K" Singing 6 3:00 Pat Singing 4 3:30 Pat Singing 3 <i>Catholic Sisters Week</i>	<b>9</b> 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chapel Mass or CH 40 2:00 <i>Out-Trip by invite only</i> 2:00 Michelle on Piano 3 <b>2:15 Store w/ Meghan</b> 3:15 Susan's Circle 6th	<b>10</b> 9:30 Walking Group lobby 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chapel Mass or CH 40 <b>2:00 Catholic Sisters in Health Care w/Anne Marie</b> 3:30 Chair Yoga CH 43	<b>11</b> 9:30 Catholic TV CH 8 10:00 Out-Trip <i>by invitation only</i> 10:45 Elliptical Exercise AC <b>2:00 CSJ Boston Meeting</b> 2:15 Leprechaun Stories 4 2:15 Irish Poems 3 4:00 Cheery Chats H	<b>12</b> 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chapel Mass or CH 40 <b>2:00 Ukulele Group AC</b> 3:45 Circle of Friends H 4:00 Spiritwood CH 43 <b>6:00 Irish Sing-A-long</b> <i>with our friends on the 2nd floor</i>	<b>13</b> 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chapel Mass or CH 40 <i>1:45 Task Force Moments</i> <b>2:30 Happy Hour:</b> <i>Irish Coffee</i> <i>Welcome our Rehab &amp; New Residents</i> <b>3:15 Stations of the Cross</b>	<b>14</b> 9:30 Catholic TV 10:15 Exercise CH 43 10:30 Coffee/Cherry Chats ALL 1:45 Rapid 3rd floor Bingo 2:45 Rapid 4th floor Bingo <b>6th floor Residents are welcome to attend Bingo</b>
<b>15</b> 10:00 MASS CH 8 (A.) Activities on 2 (B.) Fun Packets A 2:00 "K" Singing 6 3:00 Pat Singing 4 3:30 Pat Singing 3	<b>16</b> 9:30 Exercise CH 43 9:30 Catholic TV Mass CH 8 2:00 <b>Anoint Service -H</b> 2:00 Michelle on Piano 3:15 Susan's Circle 6th 4:00 Chair Yoga CH 43	<b>17</b> 9:30 Walking Group lobby 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chapel Mass or CH 40 <b>2:00 Celebrate St. Patrick's w/BADEA - AC</b> 3:45 Circle of Friends H	<b>18</b> 9:30 Catholic TV CH 8 10:00 Out-Trip <i>by invitation only</i> 10:45 <i>Chair Yoga!</i> AC <b>2:30 Happy Hour:</b> <i>Leprechaun Shake</i> 4:00 Cheery Chats H 4:00 Spiritwood CH 43	<b>19</b> 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chapel Mass or CH 40 <b>2:30 St. Joseph's Day with Jazz music by Clyde - AC</b> 4:00 Spiritwood CH 43 	<b>20</b> 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chapel Mass or CH 40 <i>1:45 Task Force Moments</i> <b>2:00 Bingo AC</b> <b>3:15 Stations of the Cross</b> 4:00 First Day of Spring <b>Walk meet in the lobby</b>	<b>21</b> 9:30 Catholic TV 10:15 Exercise CH 43 10:30 Coffee/Cherry Chats ALL 10:30 Yoga on 6th Floor 1:45 Rapid 3rd floor Bingo 2:45 Rapid 4th floor Bingo <b>6th floor Residents are welcome to attend Bingo</b>
<b>22</b> 10:00 MASS CH 8 (A.) Activities on 2 (B.) Fun Packets A 2:00 "K" Singing 6 3:00 Pat Singing 4 3:30 Pat Singing 3	<b>23</b> 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chapel Mass or CH 40 2:00 <i>Out-Trip by invite only</i> 2:00 Michelle on Piano 3 <b>2:15 Store open by Meghan</b> 3:00 <i>Almsgiving Mtg.</i> (L) 3:15 Susan's Circle 6th	<b>24</b> 9:30 Walking Group lobby 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chapel Mass or CH 40 <b>2:00 Drumming w/ Jokes</b> <i>Come prepared with a Joke!</i> 3:45 Circle of Friends 4 4:00 Spiritwood CH 43	<b>25</b> 9:30 Catholic TV CH 8 10:00 Out-Trip <i>by invitation only</i> 10:45 Elliptical Exercise AC <b>2:30 Happy Hour:</b> <i>"Irish" Rum &amp; Coke</i> 4:00 Cheery Chats H 4:00 Spiritwood CH 43 <b>3:00 Almsgiving Wrap up - L</b>	<b>26</b> 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chapel Mass or CH 40 <b>1:10 RED SOX GAME! CH 16</b>  <b>2:00 Remember the Woman</b> <i>With Anne Marie - AC</i> 4:00 Chair Yoga CH 43	<b>27</b> 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chapel Mass or CH 40 <i>1:45 Task Force Moments</i> <b>2:00 Resident Council Election Meeting AC</b> <b>3:15 Stations of the Cross</b>	<b>28</b> 9:30 Catholic TV 10:15 Exercise CH 43 10:30 Coffee/Cherry Chats ALL 10:30 Yoga on 6th Floor 1:45 Rapid 3rd floor Bingo 2:45 Rapid 4th floor Bingo <b>6th floor Residents are welcome to attend Bingo</b>
<b>29</b> 11:00 <b>Palm Mass</b> (A.) Activities on 2 (B.) Fun Packets A 2:00 "K" Singing 6 3:00 Pat Singing 4 3:30 Pat Singing 3	<b>30</b> 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chair Yoga - AC 2:00 <i>Out-Trip by invite only</i> 2:00 Michelle on Piano 3 <b>2:15 Store open - Fr. Terry</b>	<b>31</b> 9:30 Walking Group lobby 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chapel Mass or CH 40 <b>2:00 Monthly Birthday</b> 3:45 Circle of Friends H				