


House Activities Calendar ~ April 2026 ~ Bethany Health Care, Sponsored Ministry of the Sisters of Saint Joseph of Boston

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cheery Chats - is Mail Delivery & One to One Visits.	Activities are subject to change to meet the safety needs of the residents. Most Out-trips are by invitation only to ensure all gets an opportunity.	<i>Music Therapy by appointment</i> Meditation Garden <i>(Closed for the Winter)</i>	Program Key - Indicates floor /Channel CH - TV (w/Channel number) Unit 3,4,6, (A) - (H), starting on 3 then 4 2:00pm activities are in the Activity Center (AC) unless indicated differently.		<u>Activity Professionals & Volunteers</u> Meghan O'Doherty, AP-BC Engagement Manager & Activity Professionals and Volunteers Jean - Grant Programs & Out-trips	*Check Bethany's in-house TV stations, 3,16,40,43 & Activity Boards for Impromptu events.
<i>Independent activities available - near Chapel & Fun Packets (to-go's) are available over the weekends at Nurses stations.</i>	<i>Remember, the Store is staffed mainly by volunteers, announcements will be made when it's opened.</i>	Task Force Moments: Volunteer work that you can do over the weekend. Meet at Catherine's office on Friday's 1:45.	Monday - Saturday, Channel 16 has live announcements at 9:15am, at 9:30am an overhead announcement is made. Most 2pm programs out of the Activity Center can be viewed on CH 16. All day long Channel 3 shows current and upcoming events.			
			1 9:30 Catholic TV CH 8 10:00 Out-Trip <i>by invitation only</i> 10:45 Chair Yoga! AC 2:30 Happy Hour: <i>Girl Scout Cookies</i> 4:00 Cheery Chats H 4:15 Passover Seder MDR	2 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Easter Hymns Gathering on YouTube in Activity Center 2:00 Easy Stretching on 3 2:45 Easy Stretching on 4 3:45 Lord's Supper Service	3 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chapel Mass or CH 40 1:45 Task Force Moments 3:00 Good Friday Services 3:30 Relaxing Music CH 43	4 <u>Holy Saturday</u> 9:30 Catholic TV 10:15 Exercise CH 43 10:30 Coffee/Cheery Chats H 10:30 Yoga on 6th Floor 2:00 Holy Saturday Rosary with Video in AC
5 11:00 In Chapel Easter Sunday Mass (A.) Activities on 2 (B.) Fun Packets A 2:00 "K" Singing 6 3:00 <i>Hope for the Easter Season Music on CH 43</i>	6 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 LIVE Stretching AC 2:00 Out-Trip by invite only 2:00 Michelle on Piano 3 2:15 Store w/ Meghan 3:15 Flower Design Pick Up	7 9:30 Walking Group lobby 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chapel Mass or CH 40 2:00 Zinnia Planting with Melissa 3:45 Trivia w/Prizes on 3	8 9:30 Catholic TV CH 8 10:00 Out-Trip <i>by invitation only</i> 10:45 Elliptical Exercise AC 2:30 Happy Hour: <i>"Adult" Easter Basket Cocktail</i> 4:00 Cheery Chats H 4:15 Spiritwood CH 43	9 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chapel Mass or CH 40 2:00 Drumming AC 3:45 Circle of Friends 4 4:00 Sign - Love Bag Note AC 4:00 Spiritwood CH 43	10 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chapel Mass or CH 40 <i>1:45 Task Force Moments</i> 2:00 Bingo AC 3:45 Fresh Air Walk meet in lobby, bring a Sweater	11 9:30 Catholic TV 10:15 Exercise CH 43 10:30 Coffee/Cheery Chats H 1:45 3rd floor Bingo 2:45 4th floor Bingo 6th floor Residents are welcome to attend Bingo
12 10:00 MASS CH 8 (A.) Activities on 2 (B.) Fun Packets A 2:00 "K" Singing 6 3:00 Pat Singing 4 3:30 Pat Singing 3	13 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chapel Mass or CH 40 2:00 Out-Trip by invite only 2:00 Michelle on Piano 3 2:30 Trivia w/ Prizes on 4 3:15 Susan's Circle 6th	14 9:30 Walking Group lobby 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chapel Mass or CH 40 2:00 Resident Council AC 3:45 Circle of Friends 4 4:00 Spiritwood CH 43	15 9:30 Catholic TV CH 8 10:00 Out-Trip <i>by invitation only</i> 10:45 Chair Yoga! AC 2:30 Happy Hour: <i>Carrot Whiskey Cocktail</i> 4:00 Cheery Chats H 4:00 Spiritwood CH 43	16 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chapel Mass or CH 40 2:00 Jeopardy w/Prizes AC 3:30 Circle of Friends 3 4:00 Spiritwood CH 43 4:00 Flower Designing AC	17 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chapel Mass or CH 40 <i>1:45 Task Force Moments</i> 2:00 Bingo AC 3:45 Fresh Air Walk meet in lobby, bring a Sweater	18 9:30 Catholic TV 10:15 Exercise CH 43 10:30 Coffee/Cheery Chats H 10:30 Yoga on 6th Floor 1:45 3rd floor Bingo 2:45 4th floor Bingo 6th floor Residents are welcome to attend Bingo
19 10:00 MASS CH 8 (A.) Activities on 2 (B.) Fun Packets A 2:00 "K" Singing 6 3:00 Pat Singing 4 3:30 Pat Singing 3	20 Boston Marathon ESPN /ABC @ 9-12pm 9:30 Exercise CH 43 9:30 Catholic TV CH 8 10:30 Outside Walking Group 1:30 Insight Moment CH 16 2:15 Store open by Meghan 3:15 Susan's Circle 6th	21 9:30 Walking Group lobby 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chapel Mass or CH 40 2:00 Presentation on Earth Day w/Ann Marie 4:00 Spiritwood CH 43	22 9:30 Catholic TV CH 8 10:00 Out-Trip <i>by invitation only</i> 10:45 Elliptical Exercise AC 2:00 Volunteer Appreciation Social <i>Come Celebrate with us</i> 4:00 Cheery Chats H 4:00 Spiritwood CH 43	23 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chapel Mass or CH 40 2:00 Monthly Birthday Party w/ John AC 4:00 Spiritwood CH 43 6:00 <i>Red Sox on large screen in AC with Ballpark Snacks</i>	24 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chapel Mass or CH 40 <i>1:45 Task Force Moments</i> 2:00 Bingo AC 3:45 Fresh Air Walk meet in lobby, bring a Sweater	25 9:30 Catholic TV 10:15 Exercise CH 43 10:30 Coffee/Cheery Chats H 10:30 Yoga on 6th Floor 1:45 3rd floor Bingo 2:45 4th floor Bingo 6th floor Residents are welcome to attend Bingo
26 10:00 MASS CH 8 (A.) Activities on 2 (B.) Fun Packets A 2:00 "K" Singing 6 3:00 Pat Singing 4 3:30 Pat Singing 3	27 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chair Yoga - AC 2:00 Out trip/Michelle on 3 2:15 Store open - Fr. Terry 3:15 Susan's Circle 6th	28 9:30 Walking Group lobby 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chapel Mass or CH 40 2:00 Chat with Susan AC 4:00 Dinner & Movie CH 43	29 9:30 Catholic TV CH 8 10:00 Out-Trip <i>by invitation only</i> 10:45 Chair Yoga! AC 2:30 Happy Hour: <i>Mint Julip</i> 4:00 Cheery Chats H	30 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chapel Mass or CH 40 2:00 Jeopardy w/Prizes AC 3:30 Flower Designing AC 4:00 Spiritwood CH 43		