

Meaningful Moments Calendar ~ October 2026 ~ Cambridge Street, 2nd Floor at Bethany Health Care Center ~ Sponsored Ministry of the Sisters of Saint Joseph of Boston

Our Namaste Ladies Celebrate their birthday in the Namaste Room on their special day: None this month	<i>Meaningful Moments are subject to change to meet the safety needs of the residents. CH 3 will have changes. Music & Memory, Montessori Programs are offered daily.</i>	Program Key BPC - Birthday Party Celebration Catholic TV+ - Mass & Rosary Community Collaboration - C & C	11:00 Chapel Mass & CH 40 Catholic Network TV (9:30) CH 8 In-house TV Station 3	The Namaste Program is offered by CNA's at 10:00am daily		<i>Activity Professionals & Volunteers</i> Catherine Sabatini, Director, ADC -MC, CMDCP, CDP, MHE Matthew, ADC & Petra, Miranda, Leslie, Carol, Kalesa, Kathy, Kelly & Volunteers. Jean, AP-BC - Special Activities and Out-trip Coordinator
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Every day: 1:15 pm Individual Chats (Mail delivery)	<i>Out-trips are on a rotating list - TBA</i>			<i>Sr. Peggy plays Piano every afternoon.</i>		Every Saturday Music Therapy 1:30-4:00
	Remember, you are invited to all the House Calendar Programs. See Calendar in Activity Room or CH 3			1 10:15 <i>Drums & Singing</i> 11:00 Mass in Chapel 1:45 Reminiscing & Theme 2:15 Expressive Art 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:30 <i>Pat Singing</i>	2 10:15 Morning Moments 11:00 Mass in Chapel 1:15 Individual Chat 1:45 Theme Fun 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:30 <i>Pat Singing</i>	3 9:30 Catholic TV + 10:30 Stretching 11:00 Table Top Fun 1:45 Sports Time 3:00 Aperitivo Hour 4:00 Rosary 6:00 Circle of Friends
	Join us for Founder's Week 10/5 –10/9 All Events are in the Activity Center .					
4 10:00 Catholic TV + 10:30 Stretching 11:00 The Funnies! 1:45 Travel Chat 2:15 <i>Pat Singing</i> 4:00 C & C / Rosary 6:00 Circle of Friends	5 9:30 Catholic TV 10:15 Stretch & Reminisce 1:15pm Individual Chat 1:45 Cuisines of the World 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 Broadway Fun	6 10:15 <i>Drumming & Singing</i> 11:00 Mass in Chapel 1:15 Individual Chat 1:45 Reminiscing & Theme 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 <i>Patriotic Sing-a-Long</i>	7 9:30 Catholic TV 10:15 Stretch & Reminisce 1:15 Individual Chat 2:00 Flowers are US 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 <i>Kathy Singing</i>	8 10:15 <i>Drums & Singing</i> 11:00 Mass in Chapel 1:45 Reminiscing & Theme 2:15 Expressive Art 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:30 <i>Pat Singing</i>	9 10:15 Morning Moments 11:00 Mass in Chapel 1:15 Individual Chat 1:45 Theme Fun 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:30 <i>Pat Singing</i>	10 9:30 Catholic TV + 10:30 Stretching 11:00 Table Top Fun 1:45 Sports Time 3:00 Aperitivo Hour 4:00 Rosary 6:00 Circle of Friends
11 10:00 Catholic TV + 10:30 Stretching 11:00 The Funnies! 1:45 Travel Chat 2:15 <i>Pat Singing</i> 4:00 C & C / Rosary 6:00 Circle of Friends	12 9:30 Catholic TV 10:15 Stretch & Reminisce 1:15pm Individual Chat 1:45 Cuisines of the World 3:30 Columbus Day Fun 4:00 C & C & 4:30 Rosary 6:00 Broadway Fun	13 10:15 <i>Drumming & Singing</i> 11:00 Mass in Chapel 1:15 Individual Chat 1:45 Reminiscing & Theme 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 <i>Patriotic Sing-a-Long</i>	14 9:30 Catholic TV 10:15 Stretch & Reminisce 1:15 Individual Chat 2:00 Flowers are US 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 <i>Kathy Singing</i>	15 10:15 <i>Drums & Singing</i> 11:00 Mass in Chapel 1:45 Reminiscing & Theme 2:15 Expressive Art 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:30 <i>Pat Singing</i>	16 10:15 Morning Moments 11:00 Mass in Chapel 1:15 Individual Chat 1:45 Theme Fun 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:30 <i>Pat Singing</i>	17 9:30 Catholic TV + 10:30 Stretching 11:00 Table Top Fun 1:45 Sports Time 3:00 Aperitivo Hour 4:00 Rosary 6:00 Circle of Friends
18 10:00 Catholic TV + 10:30 Stretching 11:00 The Funnies! 1:45 Travel Chat 2:15 <i>Pat Singing</i> 4:00 C & C / Rosary 6:00 Circle of Friends	19 9:30 Catholic TV 10:15 Stretch & Reminisce 1:15pm Individual Chat 1:45 Cuisines of the World 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 Broadway Fun	20 10:15 <i>Drumming & Singing</i> 11:00 Mass in Chapel 1:15 Individual Chat 1:45 Reminiscing & Theme 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 <i>Patriotic Sing-a-Long</i>	21 9:30 Catholic TV 10:15 Stretch & Reminisce 1:15 Individual Chat 2:00 Flowers are US 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 <i>Kathy Singing</i>	22 10:15 <i>Drums & Singing</i> 11:00 Mass in Chapel 1:45 Reminiscing & Theme 2:15 Expressive Art 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:30 <i>Pat Singing</i>	23 10:15 Morning Moments 11:00 Mass in Chapel 1:15 Individual Chat 1:45 Theme Fun 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:30 <i>Pat Singing</i>	24 9:30 Catholic TV + 10:30 Stretching 11:00 Table Top Fun 1:45 Sports Time 3:00 Aperitivo Hour 4:00 Rosary 6:00 Circle of Friends
25 10:00 Catholic TV + 10:30 Stretch/Funnies 1:45 Travel Chat 2:15 <i>Pat Singing</i> 4:00 C & C / Rosary 6:00 Circle of Friends	26 9:30 Catholic TV 10:15 Stretch & Reminisce 1:15pm Individual Chat 1:45 Cuisines of the World 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 Broadway Fun	27 10:15 <i>Drumming & Singing</i> 11:00 Mass in Chapel 1:15 Individual Chat 1:45 Reminiscing & Theme 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 <i>Patriotic Sing-a-Long</i>	28 9:30 Catholic TV 10:15 Stretch & Reminisce 1:15 Individual Chat 2:00 Flowers are US 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 <i>Kathy Singing</i>	29 10:15 <i>Drums & Singing</i> 11:00 Mass in Chapel 1:45 Reminiscing & Theme 2:15 Expressive Art 3:30 Jubilee Celebration 4:00 C & C & 4:30 Rosary 6:30 <i>Pat Singing</i>	30 10:15 Morning Moments 11:00 Mass in Chapel 1:15 Individual Chat 2:00 Trick or Treat Friends 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:30 <i>Pat Singing</i>	31 9:30 Catholic TV + 10:30 Stretching/Games 1:45 Halloween Fun! 3:00 Aperitivo Hour BPC - Sr. Kathryn 4:00 Rosary 6:00 Circle of Friends