

House Activities Calendar ~ October 2026 ~ Bethany Health Care, Sponsored Ministry of the Sisters of Saint Joseph of Boston

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Cheery Chats</u> , is mail & one to one's @ 10:15. <i>Wed @ 4:15,Sat @1pm</i>	Activities are subject to change to meet the safety needs of the residents.	<u>Patio Open</u> <u>Weather Permitting</u> <i>Check times on door & CH 3</i>	<u>Program Key - Indicates floor /Channel</u> CH - TV (w/Channel number) L - Lobby Unit 3,4,6, (A) / (H), starting on 3 then 4 2:00pm activities are in the Center (AC) unless indicated differently.	STORE HOURS - CHECK FOR POSTINGS	<u>Activity Professionals & Volunteers</u> Meghan O'Doherty, AP-BC Engagement Manager Jean, AP-BC - Out-trip Coordinator	<u>Task Force Moments:</u> <i>Volunteer work that you can do over the weekend. Meet at Catherine's office on Friday's 1:45</i>
<i>Independent activities available near Chapel & Fun Packets are available in Solariums.</i>		Out-trips are by invitation only to ensure all get an opportunity.				<i>Supportive Music Therapy on 3rd and 4th Floor every Saturday morning. 10:30</i>
<u>Monday - Saturday,</u> Channel 16 has live announcements at 9:15am, at 9:30am an overhead announcement is made. Most 2pm programs out of the Activity Center can be viewed on CH 16. All day, everyday Channel 3 shows current, impromptu and upcoming events on Bethany's TV Stations.					1 9:30 Exercise CH 43 10:00 Circuit Workout AC 11:00 Chapel Mass or CH 40 2:00 St. Francis with Susan 2:15 Games in the Library 4:00 Spiritwood CH 43	2 9:30 Exercise CH 43 10:00 Exercise w/Sr. A 5 10:00 Adoration in Chapel 11:00 Chapel Mass or CH 40 1:45 Task Force Moments 2:00 Bingo 4:00 Let's Laugh in Lobby
4 11:00 Chapel Mass or CH 40 A.) Activities on 2 (B.) Fun Packets A 2:00 "K" Singing 6 3:00 Pat Singing 4 3:30 Pat Singing 3	5 9:30 Exercise CH 43 10:00 Exercise w/ Sr. A 5 10:00 Tech Help in AC 11:00 Chapel Mass or CH 40 2:00 Founder's Week Spirit & Charism 3:30 Circle 6/ 5:00 Singing 4	6 9:30 Walking Group lobby 9:30 Exercise CH 43 11:00 Chapel Mass or CH 40 2:00 Founder's Week Consensus Statement 2:30 Music in the library 4:00 Reminisce Clips CH 43	7 9:30 Catholic TV CH 8 10:00 Exercise w/Sr. A 5 10:45 Circuit & Elliptical AC 2:30 Founder's Week Unifying Love <i>All Are welcome</i> 4:00 Reminisce Clips CH 43	8 9:30 Exercise CH 43 10:00 Circuit Workout AC 11:00 Chapel Mass or CH 40 2:00 Founder's Week Excellence Tempered by Gentleness 4:00 Music in the Library	9 9:30 Exercise CH 43 10:00 Exercise w/ Sr. A 5 11:00 Chapel Mass or CH 40 1:45 Task Force Moments 2:00 Founder's Week Grace Received; Invitation Carried, with a Keepsake	10 9:30 Catholic TV 10:15 Circuit Exercise AC 10:30 Yoga w/Catherine AC 10:30 - 12:00 Patio Open 1:00 Cheery Chats H 1:30 Bingo 3rd / 2:30 4th All are welcome
11 11:00 Chapel Mass or CH 40 (A.) Activities on 2 (B.) Fun Packets A 2:00 "K" Singing 6 3:00 Pat Singing 4 3:30 Pat Singing 3	12 9:30 Exercise CH 43 10:00 Exercise w/ Sr. A 5 10:00 Tech Help in AC 11:00 Chapel Mass or CH 40 2:30 Pat on 4 / Luca on 3 3:00 Columbus Day Special 3:30 Susan's Circle 6	13 9:30 Walking Group lobby 9:30 Exercise CH 43 11:00 Chapel Mass or CH 40 2:00 Birthday Party AC 4:00 Reminisce w/Kathy 3 4:00 Let's Laugh CH 43	14 9:30 Catholic TV CH 8 10:00 Exercise w/Sr. A 5 10:45 Circuit & Elliptical AC 11:30 Bethany Singers AC 2:30 Happy Hour "October Fest" 4:00 Spiritwood CH 43	15 9:30 Exercise CH 43 10:00 Circuit Workout AC 11:00 Chapel Mass or CH 40 2:00 Drumming Circle AC 4:00 Reminisce w/Kathy 4 4:00 Spiritwood CH 43	16 9:30 Exercise CH 43 10:00 Circuit Workout AC 10:00 Exercise w/ Sr. A 5 11:00 Chapel Mass or CH 40 1:45 Task Force Moments 2:00 Bingo AC 4:00 Let's Laugh in Lobby	17 9:30 Catholic TV 10:15 Circuit Exercise AC 10:30 Yoga w/Catherine AC 10:30 - 12:00 Patio Open 1:00 Cheery Chats H 1:30 Bingo 3rd / 2:30 4th All are welcome
18 11:00 Chapel Mass or CH 40 (A.) Activities on 2 (B.) Fun Packets A 2:00 "K" Singing 6 3:00 Pat Singing 4 3:30 Pat Singing 3	19 9:30 Exercise CH 43 10:00 Exercise w/ Sr. A 5 10:00 Tech Help in AC 11:00 Chapel Mass or CH 40 2:00 Sr. Mary Joan Talk AC 2:30 Pat on 4 2:30 Luca on 3 3:30 Susan's Circle 6	20 9:30 Walking Group lobby 9:30 Exercise CH 43 11:00 Chapel Mass or CH 40 2:00 Make a Scarecrow & Masquerade Masks AC 4:00 Reminisce w/Kathy 3 4:00 Let's Laugh CH 43	21 9:30 Catholic TV CH 8 10:00 Out Trip <i>by invitation</i> 10:00 Exercise w/Sr. A 5 10:45 Circuit & Elliptical AC 11:00 Framingham Garden Club Sign Up Event 2:30 Happy Hour "Masquerade"	22 9:30 Exercise CH 43 10:00 Circuit Workout AC 11:00 Chapel Mass or CH 40 2:00 Franciscan Saint Relics in Chapel w/Susan 4:45 Pizza Party w/ Pumpkin Martinis Sponsored by Resident Council.	23 9:30 Exercise CH 43 10:00 Circuit Workout AC 10:00 Exercise w/ Sr. A 5 11:00 Chapel Mass or CH 40 1:45 Task Force Moments 2:00 Bingo AC <i>4:45 Movie & Dessert CH43 Goodies bag locates in lobby</i>	24 9:30 Catholic TV 10:15 Circuit Exercise AC 10:30 Yoga w/Catherine AC 10:30 - 12:00 Patio Open 1:00 Cheery Chats H 1:30 Bingo 3rd / 2:30 4th All are welcome
25 11:00 Chapel Mass or CH 40 (A.) Activities on 2 (B.) Fun Packets A 2:00 "K" Singing 6 3:00 Pat Singing 4 3:30 Pat Singing 3	26 9:30 Exercise CH 43 10:00 Exercise w/Sr. A 5 10:00 Tech Help in AC 11:00 Chapel Mass or CH 40 2:30 Pat on 4/ Luca on 3 3:00 Help Charlie Brown! AC 3:30 Susan's Circle 6th	27 9:30 Walking Group lobby 9:30 Exercise CH 43 11:00 Chapel Mass or CH 40 Resident Council Meetings 2pm Rest Home, 2:30 LTC 4:00 Reminisce w/Kathy 3 4:00 Let's Laugh in Lobby	28 9:30 Catholic TV CH 8 10:00 Exercise w/Sr. A 5 10:45 Circuit & Elliptical AC 11:30 Bethany Singers AC 2:30 Happy Hour "Witches Brew" 4:00 Spiritwood CH 43	29 9:30 Exercise CH 43 10:00 Circuit Workout AC 11:00 Chapel Mass or CH 40 2:00 Jubilee Celebrations <i>3:00 Candy Prep AC</i> 4:00 Reminisce w/Kathy 4	30 9:30 Exercise CH 43 10:00 Circuit Workout AC 10:00 Exercise w/ Sr. A 5 11:00 Chapel Mass or CH 40 12:00 Halloween Parade 2:00 Welcoming our Trick & Treat Friends	31 9:30 Catholic TV 10:15 Circuit Exercise AC 10:30 Yoga w/Catherine AC 10:30 - 12:00 Patio Open 1:00 Cheery Chats H 1:30 Bingo 3rd / 2:30 4th Halloween Prizes