

Meaningful Moments Calendar ~ September 2026 ~ Cambridge Street, 2nd Floor at Bethany Health Care Center ~ Sponsored Ministry of the Sisters of Saint Joseph of Boston

Our Namaste Ladies Celebrate their birthday in the Namaste Room on their special day: None this month	Meaningful Moments are subject to change to meet the safety needs of the residents. Music & Memory, Montessori Programs are offered daily.	<u>Program Key</u> BPC - Birthday Party Celebration Catholic TV + - Mass & Rosary Community Collaboration - C & C	11:00 Chapel Mass & CH 40 Catholic Network TV (9:30) CH 8 Other in-house TV stations	The Namaste Program is offered by CNA's at 10:00am daily	<u>Activity Professionals & Volunteers</u> Catherine Sabatini, Director, ADC -MC, CMDCP, CDP, MHE Matthew, ADC & Petra, Miranda, Leslie, Carol, Kalea, Khadijah & Volunteers. Jean, AP-BC - Special Activities and Out-trip Coordinator	Check Bethany's TV CH 3 for more Activities or any changes.
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Every day: 1:15 pm</u> Individual Chats (Mail delivery)	Out-trips are on a rotating list - TBA		Happy Hour - Wednesdays in the Activity Center @ 2:30pm all are welcome	Sr. Peggy delights us with her Piano playing in the afternoons.		* Music Therapy by Appointment from 1:30-4:00 in the Namaste
		1 10:15 Drumming & Singing 11:00 Mass in Chapel COOK-OUT LUNCH 1:45 Reminiscing & Theme 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 Patriotic Sing-a-Long	2 9:30 Catholic TV 10:15 Stretch & Reminisce 1:15 Individual Chat 2:00 Flowers are US 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 Kathy Singing	3 10:15 Drums & Singing 11:00 Mass in Chapel 1:45 Reminiscing & Theme 2:15 Expressive Art 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:30 Pat Singing	4 10:15 Morning Moments 11:00 Mass in Chapel 1:15 Individual Chat 1:45 Theme Fun 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:30 Pat Singing	5 9:30 Catholic TV + 10:30 Stretching 11:00 Table Top Fun 1:45 Sports Time 3:00 Aperitivo Hour 4:00 Rosary 6:00 Circle of Friends
6 10:00 Catholic TV + 10:30 Stretching 11:00 The Funnies! 1:45 Travel Chat 2:15 Singing!!! 4:00 C & C / Rosary 6:00 Circle of Friends	7 9:30 Catholic TV 10:15 Stretch & Reminisce 1:15pm Individual Chat 1:45 Cuisines of the World 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 Broadway Fun	8 10:15 Drumming & Singing 11:00 Mass in Chapel <u>Entrance Day & Nativity Mary</u> 2:00 Ice Cream Truck! 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 Patriotic Sing-a-Long	9 9:30 Catholic TV 10:15 Stretch & Reminisce 1:15 Individual Chat 2:00 Flowers are US 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 Kathy Singing	10 10:15 Drums & Singing 11:00 Mass in Chapel 1:45 Reminiscing & Theme 2:15 Expressive Art 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:30 Pat Singing	11 10:15 Morning Moments 11:00 Mass in Chapel 1:15 Individual Chat 1:45 Theme Fun 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:30 Pat Singing	12 9:30 Catholic TV + 10:30 Stretching 11:00 Table Top Fun 1:45 Sports Time 3:00 Aperitivo Hour 4:00 Rosary 6:00 Circle of Friends
13 10:00 Catholic TV + 10:30 Stretching 11:00 The Funnies! 1:45 Travel Chat 2:15 Pat Singing 4:00 C & C / Rosary 6:00 Circle of Friends	14 9:30 Catholic TV 10:15 Stretch & Reminisce 1:15pm Individual Chat 1:45 Cuisines of the World 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 Broadway Fun	15 10:15 Drumming & Singing 11:00 Mass in Chapel 1:15 Individual Chat 1:45 Reminiscing & Theme 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 Patriotic Sing-a-Long	16 9:30 Catholic TV 10:15 Stretch & Reminisce 1:15 Individual Chat 2:00 Flowers are US 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 Kathy Singing	17 10:15 Drums & Singing 11:00 Mass in Chapel 1:45 Reminiscing & Theme 2:15 Expressive Art 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:30 Pat Singing	18 10:15 Morning Moments 11:00 Mass in Chapel 1:15 Individual Chat 1:45 Theme Fun 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:30 Pat Singing	19 9:30 Catholic TV + 10:30 Stretching 11:00 Table Top Fun 1:45 Sports Time 3:00 Aperitivo Hour 4:00 Rosary 6:00 Circle of Friends
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27 10:00 Catholic TV + 10:30 Stretch/Funnies 1:45 Travel Chat 2:15 Pat Singing 4:00 C & C / Rosary 6:00 Circle of Friends	28 9:30 Catholic TV 10:15 Stretch & Reminisce 1:45 Cuisines of the World 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 Broadway Fun	29 10:15 Drumming & Singing 11:00 Mass in Chapel 1:45 Reminiscing & Theme 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 Patriotic Sing-a-Long	30 9:30 Catholic TV 10:15 Stretch & Reminisce 2:00 Flowers are US 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 Kathy Singing	Last Cook-out, Eat-in. Remember, you are invited to all the House Calendar Programs. See Calendar in Activity Room.		