

House Activities Calendar ~ September 2026 ~ Bethany Health Care, Sponsored Ministry of the Sisters of Saint Joseph of Boston

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Cheery Chats</u> is mail & one to one's @ 10:15. Wed @ 4:15,Sat @1pm	Activities are subject to change to meet the safety needs of the residents. Most Out-trips are by invitation only to ensure all get an opportunity.	<u>Patio Open</u> Daily, check times on door & CH 3	Program Key - Indicates floor /Channel CH - TV (w/Channel number) L - Lobby Unit 3,4,6, (A) / (H), starting on 3 then 4 2:00pm activities are in the Center (AC) unless indicated differently.	<u>Castle Island Trip</u> - <u>Everyone</u> who wishes will get a chance, just be patient for your turn.	<u>Activity Professionals & Volunteers</u> Meghan O'Doherty, AP-BC Engagement Manager & Activity Professionals and Volunteers Jean - Grant Programs & Out-trips	<u>Task Force Moments:</u> Volunteer work that you can do over the weekend. Meet at Catherine's office on Friday's 1:45
Independent activities available near Chapel & Fun Packets are available in Solariums.	Remember, the Store is staffed mainly by volunteers, announcements will be made when it's opened.	STORE HOURS - CHECK FOR POSTINGS				Music Therapy by Appointment on 3rd and 4th Floor every Saturday morning.
	SOME NEW PROGRAMS CHECK THEM OUT.					
		1 9:30 Walking Group lobby 9:30 Exercise CH 43 11:00 Chapel Mass or CH 40 "Cookout Lunch" 2:00 Corn hole on Patio With Prizes! 4:00 Reminisce Clips CH 43	2 9:30 Catholic TV CH 8 10:00 Out Trip by invitation 10:00 Exercise w/Sr. A 5 10:45 Circuit Workout AC 2:30 Happy Hour "Frozen Delight" 4:00 Front Porch Stories	3 9:30 Exercise CH 43 10:00 Circuit Workout H 11:00 Chapel Mass or CH 40 2:00 Fishing Tournament with Prizes, followed with open patio. 4:00 Spiritwood CH 43	4 9:30 Exercise CH 43 10:00 Exercise w/Sr. A 5 10:00 -10:45 First Friday Adoration Chapel 11:00 Chapel Mass or CH 40 1:45 Task Force Moments 2:00 Bingo, Patio till 3:45pm	5 9:30 Catholic TV 9:30 Yoga 5th / 10:30 6th 10:15 Circuit Exercise AC 10:30 - 12:00 Patio Open 1:00 Cheery Chats H 1:30 Bingo 3rd / 2:30 4th All are welcome
6 10:00 MASS CH 8 (A.) Activities on 2 (B.) Fun Packets A 2:00 Movie - CH 43 Collect goodies bags in lobby before hand 9-5 w/Dolly Patron Patio Open- TBA	7 Labor Day 9:30 Exercise CH 43 10:00 Exercise w/ Sr. A 5 10:00 Tech Help in AC 11:00 Chapel Mass or CH 40 2:30 Sing along 4 2:30 Luca on Piano 3 3:15 Susan's Circle 6	8 9:30 Walking Group lobby 9:30 Exercise CH 43 11:00 Chapel Mass or CH 40 Entrance Day & Nativity of Mary 1:00 Ice Cream Truck - EVERYONE WELCOME ! 4:00 Reminisce Clips CH 43	9 9:30 Catholic TV CH 8 10:00 Exercise w/Sr. A 5 10:45 Circuit Workout AC 2:30 Happy Hour "Summer Blues Drink" with Live Music followed by open back patio 4:00 Reminisce Clips CH 43	10 9:30 Exercise CH 43 10:00 Circuit Workout AC 11:00 Chapel Mass or CH 40 2:00 Patriot Singing Along while filling in your APPLE with your "Life Ministry" followed with open patio 4:00 Let's Laugh CH 43	11 9:30 Exercise CH 43 10:00 Circuit Workout AC 10:00 Exercise w/ Sr. A 5 11:00 Chapel Mass or CH 40 1:30 Insight Moment CH 16 1:45 Task Force Moments 2:00 Bingo, followed by Silent Prayers on Patio	12 9:30 Catholic TV 9:30 Yoga 5th / 10:30 6th 10:15 Circuit Exercise AC 10:30 - 12:00 Patio Open 1:00 Cheery Chats H 1:30 Bingo 3rd / 2:30 4th All are welcome
13 10:00 MASS CH 8 (A.) Activities on 2 (B.) Fun Packets A 2:00 "K" Singing 6 3:00 Pat Singing 4 3:30 Pat Singing 3 Patio Open - TBA	14 9:30 Exercise CH 43 10:00 Out-Trip by invite only 10:00 Exercise w/ Sr. A 5 10:00 Tech Help in AC 11:00 Chapel Mass or CH 40 2:00 Pat 4 / 2:30 Luca 3 3:15 Susan's Circle 6th	15 9:30 Walking Group lobby 9:30 Exercise CH 43 11:00 Chapel Mass or CH 40 2:00 Lighthouse Clay 3 & 4 Join us for this project on either floor 4:00 Front Porch Stories	16 9:30 Catholic TV CH 8 10:00 Out Trip by invitation 10:00 Exercise w/Sr. A 5 10:45 Circuit Workout AC 11:30 Bethany Singers AC 2:30 Happy Hour "Sangria Peach "	17 9:30 Exercise CH 43 10:00 Circuit Workout AC 11:00 Chapel Mass or CH 40 2:00 Exploring Judaism in Activity Center w/ Susan 4:00 Spiritwood CH 43	18 9:30 Exercise CH 43 10:00 Circuit Workout AC 10:00 Exercise w/ Sr. A 5 11:00 Chapel Mass or CH 40 1:45 Task Force Moments 2:00 Bingo AC 4:00 Dinner & Movie CH 43	19 9:30 Catholic TV 9:30 Yoga 5th / 10:30 6th 10:15 Circuit Exercise AC 10:30 - 12:00 Patio Open 1:00 Cheery Chats H 1:30 Bingo 3rd / 2:30 4th All are welcome
20 10:00 MASS CH 8 (A.) Activities on 2 (B.) Fun Packets A 2:00 "K" Singing 6 3:00 Pat Singing 4 3:30 Pat Singing 3 Patio Open - TBA	21 9:30 Exercise CH 43 10:00 Exercise w/ Sr. A 5 10:00 Tech Help in AC 11:00 Chapel Mass or CH 40 2:00 Pat 4 / 2:30 Luca 3 3:15 Susan's Circle 6th 6:00 Night Cap w/Apple Dips	22 9:30 Walking Group lobby 9:30 Exercise CH 43 11:00 Chapel Mass or CH 40 2:00 The Trial of the "Stolen Ice Creams" in the Activity Center. 4:00 Let's Laugh ...CH 43	23 9:30 Catholic TV CH 8 10:00 Out Trip by invitation 10:00 Exercise w/Sr. A 5 10:45 Circuit Workout AC 2:30 Happy Hour "Autumn Twist " 4:00 Front Porch Stories	24 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chapel Mass or CH 40 Regis Choir for Founder's Day 2:00 Creation of the Seasons with Ann Marie 4:00 Front Porch Stories	25 9:30 Exercise CH 43 10:00 Circuit Workout AC 10:00 Exercise w/ Sr. A 5 11:00 Chapel Mass or CH 40 1:45 Task Force 2:00 Resident Council Rest Home, then 2:30 LTC	26 9:30 Catholic TV 9:30 Yoga 5th / 10:30 6th 10:15 Circuit Exercise AC 10:30 - 12:00 Patio Open 1:00 Cheery Chats H 1:30 Bingo 3rd / 2:30 4th All are welcome
27 10:00 MASS CH 8 (A.) Activities on 2 (B.) Fun Packets A 2:00 "K" Singing 6 3:00 Pat Singing 4 3:30 Pat Singing 3 Patio Open - TBA	28 9:30 Exercise CH 43 10:00 Exercise w/Sr. A 5 10:00 Tech Help in AC 11:00 Chapel Mass or CH 40 2:00 Pat on Guitar 4 2:30 Luca on Piano 3 3:15 Susan's Circle 6th	29 9:30 Walking Group lobby 9:30 Exercise CH 43 10:15 Cheery Chats H 11:00 Chapel Mass or CH 40 2:00 Monthly Birthday Celebration AC followed by open patio	30 9:30 Catholic TV CH 8 10:00 Traveling Circuit Every 15 minutes changing unit - 6,5,4,3 11:30 Bethany Singers AC "LAST SUMMER COOK OUT" 2:30 Happy Hour on Patio	Monday - Saturday, Channel 16 has live announcements at 9:15am, at 9:30am an overhead announcement is made. Most 2pm programs out of the Activity Center can be viewed on CH 16. All day, everyday Channel 3 shows current, impromptu and upcoming events on Bethany's TV Stations.		