Meaningful Moments Calendar ~ November 2026 ~ Cambridge Street, 2nd Floor at Bethany Health Care Center ~ Sponsored Ministry of the Sisters of Saint Joseph of Boston

Our Namaste Ladies Celebrate their birthday in the Namaste Room on their special day: None this month	***Meaningful Moments are subject to change to meet the safety needs of the residents.*** ***CH 3 will have changes.*** ***Music & Memory, Montessori Programs are offered daily.***	**Program Key** BPC - Birthday Party Celebration *Catholic TV + - Mass & Rosary* Community Collaboration - C & C	11:00 Chapel Mass & CH 40 Catholic Network TV (9:30) CH 8 In-house TV Station 3	The Namaste Program is offered by CNA's at 10:00am daily		***Activity Professionals & Volunteers*** Catherine Sabatini, *Director, ADC -MC, CMDCP, CDP, MHE* Matthew, ADC & Petra, Miranda, Leslie, Carol, Kalea, Kathy, Kelly & Volunteers. Jean, AP-BC - Special Activities and Out-trip Coordinator

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Every day: 1:15 pm Individual Chats *(Mail delivery)*	*Out-trips are on a rotating list* - **TBA**	Remember, you are invited to all the House Calendar Programs. See Calendar in Activity Room or CH 3		*Sr. Peggy plays Piano every afternoon.*		Every Saturday Music Therapy 1:30-4:00
1 10:00 Catholic TV + 10:30 Stretching 11:00 The Funnies! 1:45 Travel Chat *2:15 Pat Singing* 4:00 C & C / Rosary 6:00 Circle of Friends	**2** 9:30 Catholic TV 10:15 Stretch & Reminisce 1:15pm Individual Chat 1:45 Cuisines of the World 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 Broadway Fun	**3** 10:15 *Drumming & Singing* 11:00 Mass in Chapel 1:15 Individual Chat 1:45 Reminiscing & Theme 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary *6:00 Patriotic Sing-a-Long*	**4** 9:30 Catholic TV 10:15 Stretch & Reminisce 1:15 Individual Chat 2:00 Flowers are US 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary *6:00 Kathy Singing*	**5** 10:15 *Drums & Singing* 11:00 Mass in Chapel 1:45 Reminiscing & Theme 2:15 Expressive Art 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary *6:30 Pat Singing*	**6** 10:15 Morning Moments 11:00 Mass in Chapel 1:15 Individual Chat 1:45 Theme Fun 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary *6:30 Pat Singing*	**7** 9:30 Catholic TV + 10:30 Stretching 11:00 Table Top Fun 1:45 Sports Time **3:00 Aperitivo Hour** 4:00 Rosary 6:00 Circle of Friends
8 10:00 Catholic TV + 10:30 Stretching 11:00 The Funnies! 1:45 Travel Chat *2:15 Pat Singing* 4:00 C & C / Rosary 6:00 Circle of Friends	**9** 9:30 Catholic TV 10:15 Stretch & Reminisce 1:15pm Individual Chat 1:45 Cuisines of the World 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 Broadway Fun	**10**10:15 *Drumming & Singing* 11:00 Mass in Chapel 1:15 Individual Chat 1:45 Reminiscing & Theme 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary *6:00 Patriotic Sing-a-Long*	**11** 9:30 Catholic TV 10:15 Stretch & Reminisce 1:15 Individual Chat 2:00 Flowers are US 3:30 Puzzle Fun 4:00 Rosary for Veterans *6:00 Kathy Singing*	**12** 10:15 *Drums & Singing* 11:00 Mass in Chapel 1:45 Reminiscing & Theme 2:15 Expressive Art 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary *6:30 Pat Singing*	**13** 10:15 Morning Moments 11:00 Mass in Chapel 1:15 Individual Chat 1:45 Theme Fun ***3:00 BPC - Angela P.*** 4:00 C & C & 4:30 Rosary *6:30 Pat Singing*	**14** 9:30 Catholic TV + 10:30 Stretching 11:00 Table Top Fun 1:45 Sports Time **3:00 Aperitivo Hour** 4:00 Rosary 6:00 Circle of Friends
15 10:00 Catholic TV + 10:30 Stretching 11:00 The Funnies! 1:45 Travel Chat *2:15 Pat Singing* 4:00 C & C / Rosary 6:00 Circle of Friends	**16** 9:30 Catholic TV 10:15 Stretch & Reminisce 1:15pm Individual Chat 1:45 Cuisines of the World 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 Broadway Fun	**17**10:15 *Drumming & Singing* 11:00 Mass in Chapel 1:15 Individual Chat 1:45 Reminiscing & Theme 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary *6:00 Patriotic Sing-a-Long*	**18** 9:30 Catholic TV 10:15 Stretch & Reminisce 1:15 Individual Chat 2:00 Flowers are US 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary *6:00 Kathy Singing*	**19** 10:15 *Drums & Singing* 11:00 Mass in Chapel 1:45 Reminiscing & Theme 2:15 Expressive Art 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary *6:30 Pat Singing*	**20** 10:15 Morning Moments 11:00 Mass in Chapel 1:15 Individual Chat 1:45 Theme Fun 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary *6:30 Pat Singing*	**21** 9:30 Catholic TV + 10:30 Stretching 11:00 Table Top Fun 1:45 Sports Time **3:00 Aperitivo Hour** 4:00 Rosary 6:00 Circle of Friends
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29 10:00 Catholic TV + 10:30 Stretching 11:00 The Funnies! 1:45 Travel Chat *2:15 Pat Singing* 4:00 C & C / Rosary 6:00 Circle of Friends	**30** 9:30 Catholic TV 10:15 Stretch & Reminisce 1:15pm Individual Chat 1:45 Cuisines of the World 3:30 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 Broadway Fun			 THANKSGIVING		