House Activities Calendar ~ November 2026 ~ Bethany Health Care, Sponsored Ministry of the Sisters of Saint Joseph of Boston

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cheery Chats *is mail & one to one's @ 10:15. Wed @ 4:15,Sat @1pm*	*Activities are subject to change to meet the safety needs of the residents.*	*Patio Open Weather Permitting Check times on door & CH 3*	*Program Key - Indicates floor /Channel* CH - TV (w/Channel number) L - Lobby Unit 3,4,6, (A) / (H), *starting on 3 then 4 2:00pm activities are in the Center (AC) unless indicated differently.*		*Activity Professionals & Volunteers* Meghan O'Doherty, AP-BC *Engagement Manager* Jean, AP-BC - Out-trip Coordinator	***Task Force Moments**: Volunteer work that you can do over the weekend. Meet at Catherine's office on Friday's 1:45*
Independent activities available near Chapel & Fun Packets are available in Solariums.		Out-trips are by invitation only to ensure all get an opportunity.		STORE HOURS - CHECK FOR POSTINGS		*Supportive Music Therapy on 3rd and 4th Floor every Saturday morning. 10:30*
1 11:00 Chapel Mass or CH 40 A.) Activities on 2 (B.) Fun Packets A 2:00 "K" Singing 6 3:00 Pat Singing 4 3:30 Pat Singing 3	**2** 9:30 Exercise CH 43 10:00 Exercise w/ Sr. A 5 10:00 Tech Help in AC 11:00 Chapel Mass or CH 40 2:30 Trivia w/ Prizes 4 2:30 Luca on 3 3:00 Susan's Circle 6	**3** 9:30 Walking Group lobby 9:30 Exercise CH 43 11:00 Chapel Mass or CH 40 **2:00 Jeopardy** ***Election Day History*** 4:00 Let's Laugh CH 43	**4** 9:30 Catholic TV CH 8 10:00 Exercise w/Sr. A 5 10:45 Circuit & Elliptical AC 10:00 Out Trip *by invitation* 2:30 Happy Hour **"Flannel & Fireplace"** 4:00 Spiritwood CH 43	**5** 9:30 Exercise CH 43 10:00 Circuit Workout AC 11:00 Chapel Mass or CH 40 **2:00 Volleyball** 4:00 Spiritwood CH 43	**6** 9:30 Exercise CH 43 10:00 Exercise w/Sr. A 5 10:00 Adoration in Chapel 11:00 Chapel Mass or CH 40 1:45 Task Force Moments **2:00 Bingo** 4:00 Let's Laugh in Lobby	**7** 9:30 Catholic TV 10:15 Circuit Exercise AC 10:30 Yoga w/Catherine AC 1:00 Cheery Chats H **2:00 Movie: "Wonder" CH 43**
8 11:00 Chapel Mass or CH 40 A.) Activities on 2 (B.) Fun Packets A 2:00 "K" Singing 6 3:00 Pat Singing 4 3:30 Pat Singing 3	**9** 9:30 Exercise CH 43 10:00 Exercise w/ Sr. A 5 10:00 Tech Help in AC 11:00 Chapel Mass or CH 40 2:30 Pat on 4 2:30 Luca on 3 3:00 Susan's Circle 6	**10** 9:30 Walking Group lobby 9:30 Exercise CH 43 11:00 Chapel Mass or CH 40 **2:00 Resident Council MTG** **2pm Rest Home, 2:30 LTC** 4:00 Reminisce Clips CH 43	**11** 9:30 Catholic TV CH 8 10:00 Exercise w/Sr. A 5 10:45 Circuit & Elliptical AC 2:30 Happy Hour **"Tribute Toast"** *Bethany Singers:* *Honoring our Veterans.*	**12** 9:30 Exercise CH 43 10:00 Circuit Workout AC 11:00 Chapel Mass or CH 40 **2:00 Monthly Birthday** 4:00 Turkey Words Library	**13** 9:30 Exercise CH 43 10:00 Exercise w/Sr. A 5 10:00 Adoration in Chapel 11:00 Chapel Mass or CH 40 1:45 Task Force Moments **2:00 Bingo** 4:00 Let's Laugh CH. 43	**14** 9:30 Catholic TV 10:15 Circuit Exercise AC 10:30 Coffee Visits 3/4 10:30 Yoga w/Catherine AC 1:00 Cheery Chats H 1:30 Bingo 3rd / 2:30 4th All are welcome
15 11:00 Chapel Mass or CH 40 (A.) Activities on 2 (B.) Fun Packets A 2:00 "K" Singing 6 3:00 Pat Singing 4 3:30 Pat Singing 3	**16** 9:30 Exercise CH 43 10:00 Exercise w/ Sr. A 5 10:00 Tech Help in AC 11:00 Chapel Mass or CH 40 2:30 Trivia w/Prizes 4 2:30 Luca on 3 3:00 Susan's Circle 6	**17** 9:30 Walking Group lobby 9:30 Exercise CH 43 11:00 Chapel Mass or CH 40 **2:00 Badea Trio** AC 3:30 Task Force Moment *Bazaar pricing needed* 4:00 Let's Laugh CH 43	**18** 9:30 Catholic TV CH 8 10:00 Exercise w/Sr. A 5 10:45 Circuit & Elliptical AC **11:00 Framingham Garden Club Sign Up Event** 2:30 Happy Hour **"Harvest Cider"**	**19** 9:30 Exercise CH 43 10:00 Circuit Workout AC 11:00 Chapel Mass or CH 40 **2:00 "Contemplating Creation on a Fall Day" w/ Anne Marie** 4:00 Laugher in the Lobby	**20** 9:30 Exercise CH 43 10:00 Exercise w/ Sr. A 5 11:00 Chapel Mass or CH 40 *1-5 pm Bethany Holiday Fair Come shop, window shop or take some chances.* *Music will be offered on all units*	**21** 9:30 Catholic TV *11-3 pm Bethany Holiday Fair Come shop, window shop or take some chances.* *Music will be offered on all units*
22 11:00 Chapel Mass or CH 40 (A.) Activities on 2 (B.) Fun Packets A 2:00 "K" Singing 6 3:00 Pat Singing 4 3:30 Pat Singing 3	**23** 9:30 Exercise CH 43 10:00 Exercise w/ Sr. A 5 10:00 Tech Help in AC 11:00 Chapel Mass or CH 40 2:30 Pat on 4 2:30 Luca on 3 3:00 Susan's Circle 6	**24** 9:30 Walking Group lobby 9:30 Exercise CH 43 11:00 Chapel Mass / CH 40 **2:00 Art Presentation w/ Meghan** 4:00 Let's Laugh CH 43	**25** 9:30 Catholic TV CH 8 10:00 Out Trip *by invitation* 10:00 Exercise w/Sr. A 5 10:45 Circuit & Elliptical AC 11:30 Bethany Singers AC 2:30 Happy Hour **"Giving Thanks"**	**26 Thanksgiving Day** **9:00 Thanksgiving Macy Day Parade -** ***Put on your TV and travel up 5th avenue w/the Parade*** 11:00 Chapel Mass or CH 40 2:00 Turkey's Choice AC	**27** 9:30 Exercise CH 43 10:00 Circuit Workout AC 10:00 Exercise w/ Sr. A 5 11:00 Chapel Mass or CH 40 1:45 Task Force Moments **2:00 Bingo AC** 4:00 Left Over Puzzles A	**28** 9:30 Catholic TV 10:15 Circuit Exercise AC 10:30 Yoga w/Catherine AC 1:00 Cheery Chats H **2:00 Movie: Plane, Trains, Automobiles** *CH 43 or Big Screen in AC*
29 11:00 Chapel Mass or CH 40 (A.) Activities on 2 (B.) Fun Packets A 3:00 Pat Singing 4 3:30 Pat Singing 3	**30** 9:30 Exercise CH 43 10:00 Exercise w/Sr. A 5 10:00 Tech Help in AC 11:00 Chapel Mass or CH 40 2:30 Pat on 4 & Luca on 3 3:00 Susan's Circle 6th					

Monday - Saturday,
Channel 16 has live announcements at 9:15am, at 9:30am an overhead announcement is made.
Most 2pm programs out of the Activity Center can be viewed on CH 16.
All day, everyday Channel 3 shows current, impromptu and upcoming events on Bethany's TV Stations.